



Noah Webster Schools

NWS-Pims Wellness Committee Meeting Minutes

Date: May 12, 2025

Time: 2:00 p.m.

Meeting Called to Order by: Becci Alvarado

In Attendance

- Robert Rodenbaugh – Principal
- Jennifer Voorhees – Teacher
- Anabel Contreras - Parent
- Warren Friedermann - Facility Supervisor
- Marino Lee - PE Coach
- Becci Alvarado - Food Services Director
- Shannon Sutton – Director of Health Services

1. Call to Order:

2:04 p.m. by Becci Alvarado

2. Wellness Plan Assessment

Mr. Rodenbaugh and Becci Alvarado went over the current Wellness Policy using the Wellness Plan Assessment Comparison with a Model Policy to update the policy for the new school year.

Prior to a Vote the committee viewed each section and what adjustments were needed to improve the policy. Everyone was given the opportunity to view the Assessment Comparison for the policy to understand the changes of requirements to ensure the Wellness Policy meets the new grading rubric.

The following was discussed:

- Goals for Nutrition Promotion
 - 4 items met
- Goals for Nutrition Education
 - 4 items met
- Goals for Physical Education and Physical Activity
 - 10 items met



- Added information regarding recess being outside weather permitting
 - Added 8th grade
- Goals for Other School-Based Activities that Promote Student Wellness
 - 5 items met
- Policies for School Meal Standards
 - 8 items met
- Policies for Competitive Foods and Beverages
 - We do not participate in
- Policies for Celebrations and Rewards
 - 3 items met
- Policies for Fundraisers
 - We do not participate in
- Policies for Food and Beverage Marketing
 - We do not participate in
- District Wellness Committee Membership
 - We do not have districts
- District Wellness Committee Leadership
 - We do not have districts
- Implementation Plan
 - 1 item met
- Recordkeeping
 - 1 item met
 - Policy needs to have more implementation information on record keeping
- Annual Notification of Policy
 - 1 item met
 - Policy needs to include when occurring and how participation is communicated
- Triennial Assessment
 - 1 item met
- Revisions and Updating the Policy
 - 4 items met
 - Section is being completed by holding meeting
- Community Involvement, Outreach and Communications
 - 6 items met

Committee unanimously voted for changes suggested and agreed on the items met per the Local Wellness Policy Assessment Comparison.



3. Other Items Discussed

Robert Rodenbaugh opened the floor to discuss 8th grade being incorporated to the school. Mr. Rodenbaugh ensured policies have been updated to include 8th grade for the following school year.

4. Adjournment

2:45 p.m.

5. Next Meeting

May 2026

Time and Location TBD