



NWS-Pima Wellness Committee Meeting Minutes/Notes

July 25, 2022

Present:

Robert Rodenbaugh – Principal
Caroline Elemets – Teacher
Yolanda Cadenas - Parent
Ariel Melbern - Parent
Warren Friedermann - Facility Director
Desmond Beard - PE Coach
Savannah Urban – Playground Supervisor
Becci Alvarado - Food Services Director
Anabel Contreras -Site Manager
Stephanie Hernandez – Health Services

CALL TO ORDER: 3:00pm

Wellness Plan Assessment – The committee viewed each item on the NWS Wellness Plan and conducted an Assessment some discussion of the topics are below:

Review of Health Curriculum and MyPlate : Resources are sufficient and effective and are currently implemented by the PE Coach with all students K-6. The team added specific language to the wellness policy that match the health programming currently implemented within our Physical Education Department. Curriculum will continue to be MyPlate and Healthy Lifestyle Choices.

The team reviewed if wording changes needed to be made to the standard for competitive and other food and beverage section, the team reviewed and discuss in detail and the determination was made that no changes or modifications are needed at this time.

The team reviewed the community dental program that has been on hold during the COVID pandemic. This will be brought back, Big Smiles Dental will be the community dental program that arrives on site and provide free/ low cost dental services for students.

The team discussed the states (Arizona Department of Education) “Free” for all Lunch program during the pandemic and changes for the upcoming school year. No changes in the wellness policy were needed.