



Pima Wellness Committee Meeting Minutes

September 13, 2018

Present:

- Robert Rodenbaugh, Principal
- Jennifer Voorhees, Teacher
- Anabel Contreras, Parent
- Warren Friedermann, Facility Supervisor
- Mark Smith, Physical Education Coach
- Becci Alvarado, Food Services Director
- Cyndi Stumer, Director of Health Services

1. CALL TO ORDER: 1:37PM by Cyndi Stumer
2. Wellness Plan Assessment – A motion was duly made by Jennifer Voorhees, to accept and approve the Noah Webster Schools-Pima Wellness Plan Assessment Tool created by Cyndi Stumer, and approved by the Governing Board. The motion was seconded by Savannah Urban.

Prior to a vote, the committee viewed each item on the NWS Wellness Plan Assessment receiving an outstanding (5) score on 36 items, 6 items receiving a score of a 3 and 5 items scoring a 4. There were no items receiving a score of 1. All items receiving under a 5 was reviewed as follows:

Item	Score	Action/Comment	Motion Carried by	2nd	Adopted
Students Encouraged to eat full meal	3	Students will be encouraged by all staff to eat their whole meal by opening a dialogue with students. Staff will also lead by example by ensuring they eat their full meal prior to picking up students from lunch. Cyndi Stumer will reach out to Lead teachers to put this action into motion.	Becci	Jennifer V.	By Unanimous vote



Students have ample time to eat lunch	4	Student tardiness to school has resulted in students coming late to breakfast. Teachers will send students that missed breakfast to the cafeteria to get a breakfast tray to eat in class. Cyndi Stumer will ensure all Lead teachers communicate this to their teams.	Savannah	Cyndi S.	By Unanimous vote
Students Utilizing hand sanitizer	3	Maintenance staff will move the current dispensers into a location that will prevent student damage to the dispensers	Warren	Savannah	By Unanimous vote
Non-food awards are encouraged for the classrooms	3	Jolly Ranchers and skittles will be discouraged. Cyndi S. to address with Lead teachers.	Jennifer	Becci	By Unanimous vote
Collaboration with outside agencies to promote health and wellness	4	Cyndi Stumer will network with Community Public health nurses for other NWS opportunities	Cyndi S.	Becci	By Unanimous vote
Effective Bully Program	4	Open dialogue with students and parents	Savannah	Cyndi S.	By Unanimous vote
PE-Average student teacher ratio 30:1	4	Student ratio is based on enrollment.			
Coordinated events and/or fundraisers that promote physical activity.	3	Cyndi will reach out to Event Coordinator for the possibility of adding more physical activity events. Cyndi will also reach out to Leads with ideas of activities that can be done in the classroom.	Cyndi S.	Savannah	By Unanimous vote



No food fundraising programs	4	Candy grams for the soldiers was a fundraiser program for Greater Purpose, not NWS; however, if we do GP in the future alternate fundraising methods will be researched.	Becci	Cyndi S.	By Unanimous vote
Staff Leads by Example	3	Teachers will set good examples by making healthy food choices in front of students. Staff will also lead by example by ensuring they eat their full meal prior to picking up students from lunch. Cyndi S. will discuss with Lead teachers.	Jennifer	Cyndi S.	By Unanimous vote
Parent and Student involvement	3	Our events coordinator will continue to look at things such as 'Sign up Genius' to promote parent participation	Jennifer	Becci	By Unanimous vote

Following the review of the findings and proposed action plans of the Assessment Tool, the committee voted unanimously to accept and approve the Noah Webster Schools-Pima Wellness Plan Assessment Tool created by Cyndi Stumer, and approved by the Governing Board as part of the Wellness Plan.

3. Community Dental – The current outside dental program was reviewed. Cyndi Stumer informed of difficulty she was receiving with Community Dental providing fingerprint clearance cards of their staff, which resulted in a cancellation of their Fall visit. Cyndi will continue to follow up with Community Dental in hopes for a resolution by Spring.
4. Summer Lunch Program – “What is my Plate” and “Healthy America” flyers were presented to the committee to review. A motion was duly made by Cyndi Stumer to send home the “What is my Plate” flyer at the beginning of each school year. The “Health America” flyer would be sent home in January of each year and “Summer Lunch Program” flyer would be sent home in May. The motion was seconded by Savannah Urban. The committee voted unanimously to approve the flyers and their release dates as discussed.
5. No changes to the current Wellness Policy were made.



6. Cyndi Stumer will prepare the minutes for the meeting and meet with Administration to establish a date for next year's Wellness Committee. Calendar date will be provided by the 3rd quarter of current school year to the committee with notification to the public pursuant to A.R.S. 38-431.02.
7. ADJOURNMENT 2:21 pm